

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: HN

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Ardu Daniel

Coaches: Hofmans Françoise HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN Heat:5, starttime: 09:05

Heat: 5/5 Lane : 6 Athlete: LABASSE CLEMENCE Q-time: 01:04:26

PB (25m pool): 1:04.26 Crisnee 25 May 2024 PB (50m pool): 1:04.97 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.27		1:04.26	
		30.27		33.99	
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN Heat:2, starttime: 09:10

Heat: 2/7 Lane : 7 Athlete: ZEIMES ELRIC Q-time: 01:02:14

PB (25m pool): 1:02.14 Waremme 15 Dec 2024 PB (50m pool): 1:04.58 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.95		1:02.14	
		29.95		32.19	
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN Heat:6, starttime: 09:15

Heat: 6/7 Lane : 6 Athlete: BENNANI WALID Q-time: 00:58:20

PB (25m pool): 58.20 Gent 9 Nov 2024 PB (50m pool): 1:00.16 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN										Heat:2, starttime: 09:50	
Heat: 2/6 Lane : 1 Athlete: LUKIANOFF ALDAR										Q-time: 00:26:59	
PB (25m pool): 26.70 Gent 11 Nov 2024										PB (50m pool): 26.59 SB:	
	2 5 M		5 0 M								
PB			26.70								
	26.70										
											

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN						Heat:3, starttime: 10:05		
Heat: 3/3 Lane : 3 Athlete: LABASSE CLEMENCE						Q-time: 02:22:82		
PB (25m pool): 2:22.82			Gent 9 Nov 2024			PB (50m pool): 2:26.37 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.67		1:05.85		1:48.91		2:22.82
	29.67		36.18		43.6		33.91	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN						Heat:4, starttime: 10:15		
Heat: 4/5 Lane : 1 Athlete: CHAREF BILLAL						Q-time: 02:25:13		
PB (25m pool): 2:20.25			Leuven 12 Nov 2022			PB (50m pool): 2:25.12 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.46		1:06.94		1:43.48		2:20.25
	31.46		35.48		36.54		36.77	
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN										Heat:2, starttime: 10:35	
Heat: 2/9 Lane : 2 Athlete: ZEIMES ELRIC										Q-time: 01:02:25	
PB (25m pool): 1:02.25 Waremmme 14 Dec 2024										PB (50m pool): No time SB:	
PB	2 5 M		5 0 M		7 5 M		1 0 0 M				
											

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:5, starttime: 10:40
Heat: 5/9 Lane : 1 Athlete: BENNANI WALID					Q-time: 01:01:08
PB (25m pool): 1:01.08 Sint-Pieters-Leeuw 6 Oct 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:6, starttime: 10:40
Heat: 6/9 Lane : 5 Athlete: CHAREF BILLAL					Q-time: 01:00:38
PB (25m pool): 1:00.38 Geel 10 Feb 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.94		1:00.38	
		26.94		33.44	
					

Coach feedback: